

**2016**

# **3rd Qatar Internal Medicine Conference**

**ORGANIZED BY:**

General Internal Medicine – Hamad General Hospital  
Hamad Medical Corporation, Doha, Qatar

**ENDORSED BY:**

American College of Physician (ACP)  
Society of Hospital Medicine – USA  
Mediterranean Association for Study of Liver Diseases (MASL)  
Mediterranean Task Force for Cancer Control (MTCC)

## **Scientific Program**

**Venues:**

- Medical Education Center, HMC (6 October 2016)
- Sheraton Hotel – Doha (7 to 8 October 2016)

**6-8 October, 2016**



## Conference - Day 1 (Thursday 6 October 2016)

10.30am to 3pm: Post Graduate Course

Best Practice in Internal Medicine

Location: Hajar Auditorium, Medical Education Center

Time	Title	Speaker
8am to 10am	Registration / Coffee & Tea will be served	
<b>Session 1: Best Practice in Acute Medicine (10am to 11.40am)</b>		
<b>Chairpersons:</b> H. Elsyed (Qatar), H. Abdulsatar (Qatar), S. Niruola (Qatar), A. Al-Zubier (Qatar)		
10am to 10.20am	Hypertensive emergencies	A. Johns (Qatar)
10.25am to 10.45am	Glycemic emergencies	M. Eledrisi (Qatar)
10.50am to 11.10am	Management of acute bronchial asthma in 2016	W. Ibrahim (Qatar)
11.15am to 11.35am	Gastrointestinal bleeding: Basics and essentials	M. Al-Muhanadi (Qatar)
11.40pm to 12.15pm	Prayer Time	
<b>Session 2: Hepatology at Bedside: What Internists need to know? (12.15pm to 3pm)</b>		
<b>(Organized by Hamad Medical Corporation &amp; Mediterranean Association for Study of Liver)</b>		
<b>Chairpersons:</b> T. Najjar (Tunisia), M. Derbala (Qatar), M. Uddin (Qatar), A. Ur Rehman (Qatar), Z. Anwer (Qatar)		
12.15pm to 12.35pm	<b>Clinical Case Discussion:</b> Variceal bleeding: beyond liver diseases	A. Badi (Qatar)
12.40pm to 1pm	Deranged liver function tests in pregnancy: facts and fictions	Y. Kamal (Qatar)
1.05pm to 1.25pm	Management of small HCC in cirrhotic patients	M. Benazzouzz (Morocco)
1.30pm to 1.50pm	Why is my cirrhotic patient with ascites not responding to conventional therapies?	A. Saggiaro (Italy)
1.55pm to 2.15pm	How to keep the cirrhotic patient alive?	A. Ascione (Italy)
2.15pm to 2.45pm	General Discussion	All speakers
2.45pm to 3.30pm	Lunch and Prayer Time	

## 4pm to 7.30pm Interactive Workshops (1 – 8)

Location: Bayt Al-Dhiyafah, Hamad Medical City, HMC

Time	Subject	Speakers
<b>Workshops 1 - 4: (4pm to 5.30pm)</b>		
<b>Rooms: A – D</b>		
4pm to 5.30pm	<b>Workshop (1):</b> Challenges in acute medicine	T. Raza (UK), M. Zahid (Qatar), I. Kamal (Qatar), I. Alam (Qatar)
4pm to 5.30pm	<b>Workshop (2):</b> Challenging cases in diabetes mellitus: Developing strategies for the difficult patients in your practice	T. Fiad (UAE), M. Eledres (Qatar), R. Jasim (Qatar)
4pm to 5.30pm	<b>Workshop (3):</b> Quality improvement made simple	A. Kartha (Qatar), A. Zafar (Qatar), A. Al-Ani (Qatar), A. Saeed (Qatar), F. Rasoul (Qatar)
4pm to 5.30pm	<b>Workshop (4):</b> Converting your day-to-day activities into research: Tips and steps	S. Eid (USA), A-N Elzouki (Qatar), F. Khan (Qatar), M. Tourette (Qatar)
5.30pm to 6pm	Coffee Break and Prayer Time	
<b>Workshops 5 - 8: (6pm to 7.30pm)</b>		
<b>Rooms: A – D</b>		
6pm to 7.30pm	<b>Workshop (5): (Organized by Society of Hospital Medicine- USA)</b> Hospital Care of elderly patients: Challenging clinical cases	S. Eid (USA), M. ALHawamdeh (UAE), A. Kartha (Qatar),
6pm to 7.30pm	<b>Workshop (6):</b> Interpretation of pulmonary function tests for internists	H. Mubayed (Qatar), A. Alabbas (Qatar), S. Niruola (Qatar)
6pm to 7.30pm	<b>Workshop (7):</b> Interpretation of acid-base abnormalities: Case-based discussion	O. Faitori (Qatar), J. Sajid (Qatar), A. Khanji (Qatar)
6pm to 7.30pm	<b>Workshop (8):</b> Common clinical problems in the primary care of the women	D. Howard (Qatar), M. Jabre (Qatar), A. Akers (Qatar)

## 4pm to 7:30pm Workshop (9 & 10): Nursing roles across the continuum of patient care

Location: Hajar Auditorium, Medical Education Center, HMC

Time	Subject	Speakers
<b>Workshops 9 &amp; 10: (4pm to 7:30pm)</b>		
4pm to 5.30pm	<b>Workshop (9):</b> The deteriorating patient – Clinical cases	M. Errayes, H. Alhamad, S. Khan (Qatar) Mr.Emad (RN) Ms. Norina (RN), Ms. Maha (RN,) Ms Josephine (RN)
5.30 to 6pm	<b>Coffee Break and Prayer Time</b>	
6pm to 7.30pm	<b>Workshop (10):</b> Inpatient diabetes management for nurses	J. Butler (RN), S. Beer (Qatar)

## 4pm to 7:30pm Workshop (11 & 12): Cultural teaching challenges in a clinical environment

Location: Class Rooms 1-3, Medical Education Center, HMC

Time	Subject	Speakers
<b>Workshops 11 &amp; 12: (4pm to 7:30pm)</b>		
4pm to 5.30pm	<b>Workshop (11):</b> Cultural teaching challenges in clinical environment - 1	A. Alhammadi (Qatar), M. Wagdy (Qatar), A. Khidir (Qatar)
5.30 to 6pm	<b>Coffee Break and Prayer Time</b>	
6pm to 7.30pm	<b>Workshop (12):</b> Professionalism in Medicine	A. Khidir (Qatar), A. Alhammadi (Qatar), M. Wagdy (Qatar), A-N Elzouki (Qatar)

## Conference - Day 2

Friday 7 October 2016

Location: The Sheraton Hotel, Doha

Time	Title	Speaker
7am to 6.30pm	Conference Registration / Poster Viewing	
7am to 8am	<b>Breakfast will be served</b>	
<b>Mini-Symposium (1): GIM Track -Focused Clinical Updates (8am to 10.05am)</b>		<b>HALL A (Al-Majalis Ballroom)</b>
<b>Chairpersons:</b> A. Al-Khater (Qatar), M. Hamouda (Qatar), A. Badr (Qatar), G. Fajori (Qatar), K. Dukhan (Qatar)		
8am to 8.20am	News You Can Use: Scan of current Internal Medicine Guidelines	A. Rahil (Qatar)
8.25am to 8.45am	Update on on prevention and early diagnosis of cancer	P. Natali (Italy)
8.50am to 9.10am	Endocrinology for Internists: What's new?	S. Atkin (Qatar)
9.15am to 9.35am	Update on the management of rheumatoid arthritis	A. Jawad (UK)
9.40am to 10am	Recent advances in the management of heart failure	A. Sanjay (UK)
10am to 10.05am	Q & A	
<b>Research Corner (1): Free Communications (Oral Presentations) (8am to 10am)</b>		<b>HALL B (Al-Rayaan Ballroom)</b>
<b>Chairpersons:</b> H. Ziglam (Qatar), H. Alsohob (Qatar), T. El Hadd (Qatar), M. Bashir (Qatar), W. Ibrahim (Qatar)		
8am to 8.10am	Prevalence and correlates of diabetic peripheral neuropathy in Qatar	H Mohamed, Z Al Hamadani, H Alkhmour, MA Ali, S Al Motawaa, S Shaltouni
8.12am to 8.22am	Procalcitonin and other inflammatory markers in patients with severe sepsis and septic shock: A single center experience in Qatar	A-N Elzouki, <b>S George</b> , M Thomas, S Rafiqi, M Al Maslamani
8.24am to 8.34am	Etiology of pleural effusion among adults in the State of Qatar: A hospital based study	<b>S. Niraula</b> , M.A. Waheed
8.36am to 8.46am	Epidemiological features and incidence rate of acute pancreatitis among adult inhabitants in Qatar	A-N Elzouki, A Saeed, <b>O Alsaed</b> , F Khan, A Ayash, M Ghazanfar
8.48am to 8.58am	Efficacy of pneumococcal vaccine in immunized population two year before and after immunization on rate of hospitalization and ICU admission due to respiratory tract infection	<b>A Houssameldin</b> , R Moustafa, Z Jassim, D Elgaily
9am to 9.10am	Antimicrobial susceptibility and molecular epidemiology of extended-spectrum $\beta$ -lactamase producing Enterobacteriaceae from ICUs at Hamad Medical Corporation, Qatar	<b>MA Ahmed</b> , D Bansal, E Ibrahim, AA Sultan, A Deshmukh
9.12am to 9.22am	Disseminated TB among adult patients admitted to Hamad General Hospital, Qatar: A five year hospital study	F Khan, K Dosa, A Fuad, W Ibrahim, A Alaini, L Osman
9.24am to 9.34am	Recurrent Peritonitis in peritoneal dialysis in Qatar: An eight year epidemiologic study	<b>T Fouda</b> , A Hamad, RA Ibrahim, HE Ismail, A Kaddourah, H Ahmed, et al

9.36am to 9.46am	Therapeutic game-based exercise during hemodialysis to improve balance: A pilot randomized control trial	<b>F Al-Ali</b> , A Hamad, Zhou H, T Talal, S Sardon melo, M Elesnawi, et al
9.48am to 9.58am	3D MRI imaging of cerebrovascular disease in patients from the Middle-East and Far-East Asia: Explaining the differences in clinical expression of the presenting symptoms	<b>N Akhtar</b> , A Salam, S Kamran, A D'souza, Y Imam, A Own et al
9.58am to 10am	Q & A	
<b>Sponsored Symposium (1) (by Servier) (10.10am to 11am)</b>		
<b>Chairpersons:</b> A. El-Hiday (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
10.10am to 10.30am	A Vascular Prospective to Understanding Hypertension	H. El-Tamimi (Oman)
10.35am to 10.55am	Are all sulphonylureas the same? Facts and Myths	M. Hassanein (UAE)
11 to 12pm	<b>Jumma Prayer Time (at Sheraton)</b>	
12pm to 1pm	<b>Lunch</b>	
1pm to 1.25pm	<b>Opening Ceremony of the Conference</b>	<b>HALL A (Al-Majalis Ballroom)</b>
<b>Keynote Lecture (1) By President of the Mediterranean Association for the Study of Liver (MASL) (2.45pm to 3.15pm)</b>		
<b>Chairperson:</b> N. Al-Dweik (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
1.30pm to 1.55pm	Treatment of hepatitis C in 2016 and beyond	A. Ascione (Italy)
1.55pm to 2pm	Q & A	
<b>Mini-Symposium (2): Scientific Advances in Medicine (2pm to 3.15pm)</b>		
<b>Chairpersons:</b> M. Al-Saud (KSA), R. Mohammad (Qatar), T. Benomran (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
2pm to 2.20pm	Using pluripotent stem cells for understanding and treatment of chronic diseases	E. Abdelalem (Qatar)
2.25pm to 2.45pm	Salt, blood pressure and cardiovascular disease	S. Hunt (Qatar)
2.50pm to 3.10pm	Advances in genetics of cardiomyopathy: The clinical implications	W. Mckenna (Qatar)
<b>Mini-Symposium (3): GIM Track: Old diseases, New Treatments: (2pm to 3.15pm)</b>		
<b>Chairpersons:</b> N. Amrani (Morocco), N. Shaath (Qatar), A. Afrah (Qatar)		<b>HALL B (Al-Rayaan Ballroom)</b>
2pm to 2.20pm	The first seizure: Epilepsy or not epilepsy?	T. Raza (UK)
2.25pm to 2.45pm	Multiple Sclerosis: Are we close to cure?	B. Turner (UK)
2.50pm to 3.10pm	Inflammatory bowel disease: what clinicians need to know?	A-M Kassem (Egypt)
3.15pm to 3.30pm	<b>Prayer Time</b>	
<b>Mini-Symposium (4): Acute Medicine Track: Update in Acute Medicine (3.30pm to 5.10pm)</b>		
<b>Chairpersons:</b> I. Fawzy (Qatar), H. Al-Malki (Qatar), H. Abdulrahman (KSA), M. Naeem (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
3.30pm to 3.50pm	Management of acute stroke	A. Shuaib (Qatar)
3.55pm to 4.15pm	Acute headache: what to do and when?	T. Raza (UK)
4.20pm to 4.40pm	Management of encephalitis	B. Turner (UK)
4.45pm to 5.05pm	Prevention and management of Acute Kidney Injury in the hospital	M. Asim (Qatar)
5.10pm to 5.30pm	<b>Coffee Break, Prayer and Poster Viewing</b>	
<b>Research Corner (2): Free Communications (Oral Presentations) (3.30pm to 5.10pm)</b>		
<b>Chairpersons:</b> D. Taichman (USA), A-M Kassem (Egypt), S. Eid (USA), S. Taheri (Qatar), W. Ibrahim (Qatar)		<b>HALL B (Al-Rayaan Ballroom)</b>
3.30pm to 3.40pm	OMV/PTV/RTV +/- ribavirin in genotype 4Hard To-Treat cohort:real life data from Qatar	M Derbala, F Sheble, A Amer, K Sultan, <b>M Elbadri</b> , Y Kamal, et al
3.42pm to 3.52pm	Predicting mortality of patients with cirrhosis admitted to MICU: An experience of a single tertiary center in Qatar	A-N Elzouki, <b>S Suliman</b> , R Alhasan, A Abdullah, M Othman, A Badi
3.54pm to 4.04pm	Bacterial infection among patients with liver cirrhosis receiving acid suppressive therapy in Qatar	A-N Elzouki, <b>A Abullah</b> , F Rasoul N Nefati, M Othman, A Badi
4.06pm to 4.16pm	Prevalence of metallo-β-lactamase NDM-1 OXA-23 carbenemase-producing Actinetobacter baumannii in Tripoli, Libya	<b>A Zorgani</b> , N Abukhatwa, N Elgre, N Sufya, A Besheen, O Elahmer
4.18pm to 4.28pm	Streptococcus anginosus infections: Clinical and Bacteriologic characteristics	<b>A Shaukat</b> , H Alsoub, M Al-Maslamani
4.30pm to 4.40pm	Ethnic variation in acute cerebrovascular disease: disease: analysis from Qatar Stroke Registry	<b>N Akhtar</b> , A Salam, S Kamran, P Bourke, S Joseph
4.42pm to 4.52pm	Diabetic ketoacidosis in pregnant women: causes and outcomes	<b>K Bagar</b> , S Lindow, B Alowinati, A Aboudi, H Khaldi, A Abusamra

4.54pm to 5.04pm	Nutrition in hemodialysis patients from the DOPPS in the Gulf Cooperation Council countries	F Al-Ali, B Bieber, R Pisoni, <u>H Ezzat</u> , et al on behalf of the GCC DOPPS Study Group
5.04pm to 5.10pm	Q & A	
5.10pm to 5.30pm	<b>Coffee Break, Prayer and Poster Viewing</b>	
<b>Plenary Lectures (1): (5.30pm to 6.00pm)</b>		
<b>Chairpersons:</b> A. Abou Samra (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
5.30pm to 5.55pm	Treatment of osteoporosis: The evidence	A. Jawad (UK)
<b>Sponsored Symposium (2) (by Sanofi) (6pm to 6.30pm)</b>		
<b>Chairpersons:</b> A. Al-Ani (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
6pm to 6.25pm	The new generation of basal insulin: addressing the unmet needs in diabetes management	G. Bolli (Italy)
6.25pm to 6.30pm	Q & A	

### Conference - Day 3 (Saturday 8 October 2016)

Location: The Sheraton Hotel, Doha

Time	Title	Speaker
<b>Mini-Symposium (5): GIM Track: Current Issues in Internal Medicine, From Bench to Bedside (8am to 10.05am)</b>		
<b>Chairpersons:</b> A. Jayyuosi (Qatar), K. Alejje (Qatar), A. Alhashemi (Qatar), S. Farouk (Qatar), M. Reshi (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
8am to 8.20am	The power of scopes: Digestive endoscopy meets abdominal surgery	A. Montori (Italy)
8.25am to 8.45am	Salutogenesis: From disease management to health creation:	H. Kerckamp (Qatar)
8.50am to 9.10am	Understanding, recognizing and diagnosing Lysosomal Storage Disorders	T. Benomran (Qatar)
9.15am to 9.35am	Management of obesity in 2016	S. Taheri (Qatar)
9.40am to 10am	Management of common thyroid disorders	J. Wass (UK)
10am to 10.05am	Q & A	
10.05am to 10.30am	<b>Coffee Break and Poster viewing</b>	
<b>Mini-symposium (6) : "Academic Medicine" (10.30am to 12.00pm)</b>		
<b>Chairpersons:</b> A. Butt (Qatar), A. Al-Mohammed (Qatar), H. Hamdy (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
10.30am to 10.55am	Physical Examination: Past, present and future	A. Elder (UK)
11am to 11.25am	Postgraduate education in the United Kingdom: clinical and academic aspects	J. Wass (UK)
11.30am to 11.55am	Tips and pitfalls in writing and editing your clinical research manuscript	D. Taichman (USA)
<b>Research Corner (3): Quality Track Lectures &amp; Free Communications (Oral Presentations) -- (10.30am to 12pm)</b>		
<b>Chairpersons:</b> A. Sanjay (UK), S. Eid (USA), H. Kerckamp (Qatar), N. Masoodi (Qatar), R. Akbar (Qatar)		<b>HALL B (Al-Rayaan Ballroom)</b>
10.30am to 10.45am	<b>Lecture:</b> Seven day services in hospitals reduces weekend mortality: the UK perspective	A. Sanjay (UK)
10.50am to 11am	"A sigh of relief in hospital capacity grief" Acute medical assessment follow-up area – safety net for early expedited discharge Hamad General Hospital, Doha, Qatar	<b>M. Zahid</b> , A. Atherya, A. Arshad, R. Sadasivan, A. Zafar, D. Al-Mohanadi
11.02am to 11.12am	Pathway of emergency management of hyperkalemia in adults	<b>J. Sajid</b> , A. Ur Rehman
11.14am to 11.24am	Audit on polypharmacy and drug interactions in patients with advanced liver diseases	A-N Elzouki, <b>S.C. Purayil</b> , R. Imanullah
11.26am to 11.36am	An audit of readmission (within 28 days) to the Acute Medical Assessment Unit (AMAU)	<b>M. Uddin</b> , K. Hedge, A. Kartha
11.38am to 11.48am	Readmission audit in Acute Geriatrics at Hamad General Hospital, Qatar	<b>N. Kunnunmal</b> , S.Khan, P. Kammadath, A. Abdeghany, H. Alhamad
11.50am to 12pm	Q & A	
<b>Keynote Lecture (2): By President of the American College of Physicians (ACP) (12.00pm to 12.30pm)</b>		
<b>Chairperson:</b> A Alkhal (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
12pm to 12.25pm	Immunization Update	N. Damle (USA)
12.25pm to 12.30pm	Q & A	
<b>Plenary Lecture (2): (12.30pm to 1pm)</b>		
<b>Chairperson:</b> M. Al-Maslamani (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
12.30pm to 12.55pm	Antibiotic prophylaxis and screening for infections	T. Perl (USA)

12.55pm to 1pm	Q & A	
1pm to 1.45pm	<b>Lunch, Prayer Time and Poster view</b>	
<b>Sponsored Symposium (3) (by AstraZeneca) Dyslipidemia Management: A Comprehensive Approach (1.45pm to 2.45pm)</b>		
<b>Chairperson:</b> A-N Elzouki (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
1.45pm to 2.10pm	Use of lipid parameters in managing dyslipidemia	K. Al Rasadi (Oman)
2.15pm to 2.40pm	LDL lowering: how low would you go?	R. Santos (Brazil)
2.40pm to 2.45pm	Q & A	
2.45pm to 3pm	<b>Prayer Time</b>	
<b>Mini-Symposium (7): Get Your Research Published: Tips from the Editors - (3pm to 5.30pm)</b>		
<b>Chairpersons:</b> A. Al-Quorain (KSA), A. Ascione (Italy), T. Perl (USA), A. Zorgani (Libya), F. Khan (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
3pm to 3.20pm	Publishing in MENA region: opportunities and challenges	A-M Kassem (Egypt)
3.25pm to 3.45pm	How to pick a journal and what to submit?	A. Elzouki (Qatar)
3.50pm to 4.10pm	What do Editors look for in a research manuscript?	D. Taichman (USA)
4.15pm to 4.35pm	Survive peer review: how to respond to reviewer comments?	S. Beshyah (UAE)
4.40pm to 5pm	Why was my paper rejected?	S. Taheri (Qatar)
5.05pm to 5.25pm	Authors' and editors' rights and responsibilities: an editor prospective	A. Alzahrani (KSA)
5.25pm to 5.30pm	Q & A	
<b>Mini-symposium (8): Hospital Medicine/GIM Track: Best Practice in Medicine - (3pm to 5.05pm)</b>		
<b>Chairpersons:</b> H. Alhamad (Qatar), W. Ghadban (Qatar), A. Al-Jameel (KSA), H. Siddiqui (Qatar)		<b>HALL B (Al-Rayaan Ballroom)</b>
3pm to 3.20pm	Management inpatient diabetes	A. Abou Samra (Qatar)
3.25pm to 3.45pm	Addressing challenges in the current management strategies of hypercholesterolemia	P. Lensberg (Netherlands)
3.50pm to 4.10pm	Venous Thromboembolism: A review of new oral anticoagulant (NOAC) in clinical practice	A. Saeed (UAE)
4.15pm to 4.35pm	Update in perioperative medicine	S. Eid (USA)
4.40pm to 5.00pm	Approach to patient with confusion	N. Sadik (Qatar)
5.05pm to 5.20pm	Update on hospital medicine / Society of Hospital Medicine – Middle East Chapter launch	M. ALhawamdeh (UAE) / A. Kartha (Qatar)
5pm to 5.05pm	Q & A	
5.30pm to 5.50pm	<b>Coffee Break, Prayer Time and Poster view</b>	
<b>Clinical Debate (1) (5.50pm to 6.40pm)</b>		
Clinical Debate: GLP-1 agonist or pioglitazone after metformin for the treatment of type-2 Diabetes?		
<b>Moderator:</b> M. Eledrisi (Qatar)		<b>HALL A (Al-Majalis Ballroom)</b>
5.50pm to 6.10pm	<i>For GLP-1 agonist</i>	R. Malik (Qatar)
6.10pm to 6.30pm	<i>For pioglitazone</i>	M. Abdul-Ghani (Qatar)
6.30pm to 6.40pm	Let's agree	M. Eledrisi (Qatar)
<b>(6.45pm to 7pm) AWARDS NOMINATION FOR THE BEST ORAL AND POSTER ABSTRACTS / CLOSING REMARKS</b>		